



DrEl

Gut Health

A dietary supplement to support immune system health.*

Gut Health is aimed at providing the most potent immune supportive nutrients both on a daily basis as well as during acute immune stress.* Because these ingredients support the immune systems ability to adapt and not simply upregulate immune function, those with hyperactive immune responses may also incorporate this formula, under a physician’s supervision, into their daily regimen.

Wellmune Beta Glucan

The researched ingredients in **Gut Health** include the yeast beta 1,3/ 1,6 glucan derived from the cell wall of a proprietary strain. Wellmune® is clinically proven ingredient to support the functionality of the immune system. It has been studied for its effects on supporting healthy respiratory tract function and immune response after physical stress, such as exercise. This branded version of Beta glucan has also been found to play a support the balance of Th1/Th2 (Kirmaz, Bayrak, Yilmaz, & Yuksel, 2005).

Monolaurin

Another ingredient in **Gut Health**, Monolaurin, exhibits potent capabilities relative to microbial balance in the body (Lieberman, Enig, & Preuss, 2006). Researchers have found that Monolaurin can provide broad immune support (Lieberman, Enig, & Preuss, 2006), can support the body’s ability to adapt appropriately when in the presence of many gram positive bacteria (Peterson & Schlievert, 2006), and balance the presence of *Candida albicans* (Bergsson, Arnfinnsson, Steingrimsson, & Thormar, 2001). Monolaurin achieves this at the cellular level by incorporating itself into the cell membrane of gram-positive bacteria, supporting a healthy level of replication (Tokarsky & Marshall, 2008).

Colostrum (yielding Immunoglobulin G)

Finally, **Gut Health** contains colostrum. Colostrum supports immune system health through its content of transfer factors, peptide and protein complexes, that directly support immune capabilities.* Bovine colostrum also contains naturally occurring compounds, such as lactoferrin and immunoglobulin G, which our healthy cells continually recruit and utilize to support the functionality of the immune system. These compounds also provide support to the immune system by working in the digestive system prior to foreign invaders even making it into the blood (Cesarone MR, et al., 2007).

SUPPLEMENT FACTS

Serving Size 2 Capsules

Amount Per Serving

Colostrum	500 mg
yielding Immunoglobulins (IgG)	200 mg
Monolaurin	300 mg
Bakers yeast beta glucan	250 mg

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Contains: Milk.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 2 capsules daily, or as directed by your healthcare practitioner.



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