



DrEl

Joint Flex

Joint Flex is an advanced formula designed to support:

- joint comfort*
- flexibility*
- elasticity*
- synovial fluid viscosity*
- connective tissue health*
- hydration*
- mobility*
- muscle functions*

Joint Flex combines Sea Cucumber, Glucosamine, Hyaluronic Acid and MSM to support joint structure and function with *Phellodendron amurense*, Curcumin, Boswellia, Quercetin and DMG to support joint comfort.* It's a synergistic combination of well-recognized nutrients that may be beneficial for those that experience joint & muscle discomfort and/or limited joint mobility and elasticity.*

Joint Structure and Function Support:

- **Sea Cucumber**, also known as "Beche-de-Mer", are marine animals that are relatives of the starfish and have been used in China for thousands of years to support joint health.* The nutrient content of Sea Cucumber is extremely broad. It is a rich source of highly bioavailable chondroitin sulfates. It also contains nutritional factors such as fatty acids, that promote joint comfort through immune system support and helps maintain proper prostaglandin levels.*
- **Sodium Hyaluronate** is a source of hyaluronic acid (HA). HA gives synovial fluid its viscous properties which translates into greater joint flexibility, elasticity, cushioning and hydration, the same qualities of healthy young skin!*
- **Glucosamine** is a fast-acting nutritional building block for connective tissue. It is necessary for the production of hyaluronic acid and chondroitin sulfate which support joint comfort and improved mobility.*
- **MSM** is a source of sulfur which the body needs in an abundant supply for making collagen. It has been used historically to support joint comfort and circulation.*

Joint Comfort Support:

- *Phellodendron amurense* tree has been a rich source of traditional medicine in Asia for more than 1500 years. Its uniqueness lies in part in its ability to have a positive effect on those enzymes that support joint comfort without interfering with key enzymes that support a healthy GI lining and cardiovascular system.* Research indicates that *Phellodendron amurense* helps with general aches and pains associated with physical activity and over-exertion.*
- **Boswellic Acids** from *Boswellia serrata* has been associated with improved joint comfort by maintaining proper prostaglandin levels, providing free-radical fighting protection and supporting the immune system.* Boswellia works synergistically with Curcumin to support liver function.*

- **Curcumin** is an herb that has been used for centuries in Asian cooking as an ingredient in curry. Curcumin is a free-radical fighter that works synergistically with boswellia to maintain leukotriene and prostaglandin levels.*
- **Quercetin Chalcone** is a highly bioavailable form of quercetin. Quercetin is a free-radical fighter that helps maintain prostaglandin levels.*
- **DMG** is a versatile metabolic enhancer.* It supports joint health through immune system modulation, circulation, oxygen utilization and free-radical fighting protection.*

Supplement Facts

Serving Size 3 Capsules

Amount Per Serving

Glucosamine HCl (from shrimp and crab)	750 mg
Methylsulfonylmethane (MSM)	500 mg
<i>Phellodendron amurense</i> (Bark) Extract	250 mg
Curcumin Phytosome™ (<i>Curcuma longa</i> Root Extract / Phosphatidylcholine Complex)	250 mg
Sea Cucumber	150 mg
<i>Boswellia serrata</i> Extract	150 mg
Yielding: Boswellic Acids	90 mg
Quercetin	100 mg
N,N-Dimethylglycine HCl (DMG)	75 mg
Sodium Hyaluronate	20 mg

Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine, pharmaceutical glaze.

Contains: Shellfish (shrimp and crab) and sea cucumber.

Warning: Do not take this product if pregnant, nursing, or on prescription antibiotics, anticoagulants/anti-platelet drugs or have gall bladder disease.

Suggested Use: As a dietary supplement, take 3 capsules, 1-2 times daily, or as directed by your healthcare practitioner.

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Distributed by
EGW Research Institute LLC
Surprise, AZ 85374
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02JZ376.180

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