



**DrEl**

# Metabolic Support

**Metabolic Support supports normal homocysteine levels, thereby supporting overall cardiovascular wellness, including normal blood pressure, blood sugar and cholesterol levels.\***

**Metabolic Support Also Supports:**

- Cognitive health\*
- Gastrointestinal health\*
- Weight management\*

**About the ingredients:**

**Berberine**

Berberine is a plant alkaloid that has been used for thousands of years in traditional Chinese and Ayurvedic medicine to provide antioxidant activity, immune system support and proper microbial balance.\* Its relationship to cardiovascular support has been of high importance in recent years due to its ability to support normal homocysteine levels and cholesterol within normal ranges.\*

**Quatrefolic®**

Quatrefolic®, a proprietary ingredient, is the glucosamine salt of (6S)-5-methyltetrahydrofolate. It is structurally analogous to the reduced and active form of folic acid. Because of its active form, Quatrefolic® represents greater stability, higher water solubility and multiple ingredient flexibility when compared to the calcium salt type. These factors provide superior bioavailability.\*

**R-Alpha Lipoic Acid**

R-Alpha Lipoic Acid is the natural form of the potent antioxidant Alpha Lipoic Acid (ALA). It supports cardiovascular health through supporting recycling of other antioxidants and through supporting normal blood lipid regulation.\* R-Lipoic Acid, though, is more bioavailable, meaning it will offer better support for normal blood pressure and blood sugar levels.\* Recent research has focused on ALA's support of normal low-density lipoprotein levels.\* Similar studies suggested that supplementation may possibly support the body's ability to facilitate hepatic high-density lipoprotein biosynthesis, allowing for support of normal total cholesterol : high-density lipoprotein levels.\*

**LeucoSelect® Phytosome™ (Grape Seed Extract)**

LeucoSelect® Phytosome™ (Grape Seed Extract) is a proprietary technology consisting of low molecular weight grape seed extract combined with phosphatidylcholine. Leucoselect® supports cardiovascular health and free radical neutralization in a highly bioavailable complex.\* Multiple clinical trials have assessed Leucoselect's® supportive properties.\*

**Supplement Facts**

**Serving Size: 1 Capsule**

**Amount Per Serving:**

Folate (as [6S]-5-methyltetrahydrofolic acid from 400 mcg of Quatrefolic® [6S]-5-methyltetrahydrofolic acid, glucosamine salt)	200 mcg
Berberine (as Berberine HCl)	500 mg
LeucoSelect® Phytosome™ (Grape Seed ( <i>Vitis vinifera</i> ) Extract / Phosphatidylcholine Complex)	50 mg
R-Alpha Lipoic Acid	25 mg

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

**Contains: Soy.**

**Warning:** Do not take this product if pregnant or nursing.

**Caution:** If taking p450 drugs, consult your healthcare practitioner before taking this product as Berberine may reduce the effectiveness of these drugs.

**Suggested Use:** As a dietary supplement, take 1 capsule, twice daily with food, or as directed by your healthcare practitioner.



LeucoSelect® & Phytosome More Bioavailable® are registered trademarks of Indena SpA, Italy.



Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.