

A dietary supplement to promote the body's absorption of calcium and phosphorous, which are essential for the development and maintenance of healthy teeth and bones.\*

New research suggests that it may support immune system function by supporting healthy cell growth.\*

### **Supports:**

- Bone Health\*
- Calcium Balance\*
- Cardiovascular Function\*
- · Healthy Cell Growth\*
- Immune System Modulation\*

#### **About Vitamin D:**

 Vitamin D is a fat-soluble vitamin that is essential for maintaining normal calcium metabolism. Vitamin D3 (cholecalciferol) can be synthesized by humans in the skin upon exposure to ultraviolet-B (UVB) radiation from sunlight, or it can be obtained from the diet.

## **Calcium Balance:**

 Maintenance of serum calcium levels within a normal range is vital for normal functioning of the nervous system, as well as for bone growth, and maintenance of bone density. Vitamin D is essential for the efficient utilization of calcium by the body.

## **Cardiovascular Support:**

 Adequate vitamin D levels may be important for maintaining blood pressure within normal ranges.\* Vitamin D also impacts heart health by supporting the body's natural cytokine production and vascular function\*

# **Cell Differentiation:**

 Cellular proliferation is essential for growth and wound healing. Uncontrolled proliferation of damaged cells is unhealthy. Vitamin D inhibits uncontrolled proliferation and stimulates differentiation, which is the process of specializing cells for specific healthy functions.\*

#### **Immunity:**

 Vitamin D is an immune system modulator by supporting healthy T Cell and macrophage responses.\* **Supplement Facts** 

Serving Size: 1 ml (5 sprays) Amount Per Serving

Calories10Calories from Fat10Total Fat1 gVitamin D3 (cholecalciferol)10,000 IU

Other ingredients: sunflower oil, natural orange flavor, Vitamin E (as mixed tocopherols), rosmarinic acid.

**Warning:** Individuals taking more than 2,000 IU per day should have their vitamin D levels monitored. If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1-5 sprays daily, or as directed by your healthcare practitioner.

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